

Directions: One a new sheet of paper, write the correct heading. This will be warm ups for week one. Make sure that each day you label the day of the week, and the date. (Remember, the date is on the back board.) If you are absent on one of the days of the week, you need to write absent for that day. You do not need to make of the missing day. If you are absent, you need to turn in your warm ups for the week on the day you return.

**Day 1 Monday option**

**option (noun) -one of several things that can be chosen**  
**-Pizza is one option for lunch today.**

1. Complete the sentence. You need to write out the entire sentence, not just the part you added.

One option I always have for an after-school activity is \_\_\_\_\_.

2. Which word is a synonym for *option*?

- a. selection
- b. choice
- c. requirement
- d. belief

3. What are your options of things to do this weekend? List three of them.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_

**Day 2 Tuesday optional**

**optional (adjective) -left to your own choice to do; not required**  
**-Attending school is not optional for most students.**

1. Complete the sentence. You need to write out the entire sentence, not just the part you added.

One school subject that I feel should be optional is \_\_\_\_\_.

2. The teacher announces that today's quiz is optional. What does that mean?

- a. Everyone in the class must take the quiz.
- b. Only some students in the class must take the quiz.
- c. The teacher changed her mind about giving the quiz.
- d. Each student can choose whether to take the quiz.

3. Which sentence uses *optional* correctly?

- a. Optional activities at camp are fishing and bird-watching.
- b. We have one optional for a movie to watch tonight.
- c. The optional question must be answered to complete the test.

d. The show was so optional that I couldn't stop laughing.

**Day 3 Wednesday      essential**

**essential (adjective)**      **-very important or necessary.**  
**-Learning to read is an essential skill.**

1. Complete the sentences. You need to write out the entire sentence, not just the part you added.

One of the essential things I do before school is \_\_\_\_\_ .  
Something that many kids consider an essential is a(n) \_\_\_\_\_ .

2. Which adjective is a synonym for *essential*?

- a. flexible
- b. critical
- c. exciting
- d. extra

3. Which objects are essentials in a classroom?

- a. posters
- b. plants
- c. books
- d. aquariums

**Day 4 Thursday      vital**

**vital (adjective)**      **-very important or essential**  
**-Getting enough calcium is vital for strong bones.**

1. Complete the sentence. You need to write out the entire sentence, not just the part you added.

To be a good student, it is vital to \_\_\_\_\_ .

2. Your teacher says the class will discuss vital events that are happening in the world today. What does that mean?

- a. The class will discuss every event in the history of the world
- b. The class will discuss the most important current world events.

- c. The class discussion is an important event.
  - d. There are discussions happening in the world today.
3. Which word is an antonym for *vital*?
- a. essential
  - b. unusual
  - c. unnecessary
  - d. unhappy

**Day 5 Friday    option    optional    essential    vital    Mini Quiz**

Take the mini quiz and then turn in your warm ups for the week.

1. Which list gives several different options for ways to get home from school?
- A. a bus, a steering wheel, a seat
  - B. a door, a window, the sidewalk
  - C. a bus, a bicycle, walking
  - D. a plane, an elevator, a shopping cart
2. In which sentence could *optional* replace the underlined word?
- A. Practice today is required for all team members.
  - B. New uniforms are needed this year.
  - C. The coaches have busy schedules this year.
  - D. Attending the team dinner is voluntary this year.
3. Which sentence uses *essential* correctly?
- A. A passport is essential to visit another country.
  - B. A stove is the essential that we don't need to have.
  - C. We can essential food for a few days.
  - D. I like to travel with my essential.
4. In which sentence could the word *vital* fill in the blank?
- A. The recipe will taste as good without that \_\_\_\_\_ ingredient.
  - B. If that step is \_\_\_\_\_, we can skip it.

C. Reading to the end is \_\_\_\_\_ for understanding the story.

D. The plan was \_\_\_\_\_ and soon forgotten.