

Winter Holiday Concert

BHS Choirs & Instrumentalists

Thursday, December 15

7:00 p.m.

Havelone Center for Performing Arts



SCIENCE CLUB and USA-Skills

(Dr. Christen & Mrs. Moore & Mr. Brockman)

Members recently completed a fruit sale fundraiser. Monies from the fundraiser are used throughout the year to support club activities and for student scholarships. Fruit will be delivered December 7 (if on schedule). Thank you for your support!



SCIENCE CLUB GREENHOUSE POINSETTIAS

For Sale - \$10 each 'til they're all gone

Available at: Basketball games vs Marysville on December 6, 5:45 - 8:45p.m., and Crafts on the Boulevard on Saturday, December 10 and/or by contacting Dr. Christen to make arrangements to get one sent to the main office to be picked up.
223-1500 ext. 1866

"Midnight at World's End Diner"

by Gabriella Miyares

Cast:
Allana Daubendiek, Mathew Elder, Deulin Harris,
Lauren Hubka, Garrett Stedman and Jairah Warren

Crew:
Matt Anderson, Selene Knobel and Jesse Magdaleno
District One-Act Contest at Norfolk on December 3



Anyone interested in serving on a Post Prom or a Post Grad committee needs to contact Mr. Sutter to set up a timeline.

Non-Profit Org.
U.S. Postage
PAID
PERMIT NO. 64
Beatrice, NE

Beatrice High School
600 Orange Blvd.
Beatrice, NE. 68310

Beatrice High School staff would like to wish you and your family a Merry Christmas and Happy New Year!



Follow "Beatrice High School Activities" on facebook.

Beatrice High School activities schedules can be accessed online at www.rivercitiesconference.org; Click on Beatrice. If you wish, you may sign up for text or email notifications of schedule changes and contest reminders.
We no longer use HighSchoolSports.com!

Orange Peal

Beatrice High School

600 Orange Blvd. • Beatrice, NE 68310 • (402) 223-1515

Volume 38, Issue 5

December 2011

Thursday, December 1

Deadline for Cap & Gown Orders



Saturday, December 3

One-Act Play Contest
BHS-Swim & Dive Invite - 9:00

Monday, December 5

Limited Edition & Jazz Band touring

Thursday, December 8

State One-Act Play - 3:30

Saturday, December 10

11th Annual-Crafts on the Boulevard
Boys Reserve Basketball Invite - 9:00

Monday, December 12

Board of Education Mtg - 7:00

Thursday, December 15

Winter Music Concert - 7:00

Tuesday, Wednesday & Thursday
December 20, 21 & 22

Semester Final Exams

Thursday, December 22

Last Day of Semester

Friday, December 23 –
Monday, December 26

NO PRACTICE - STATEWIDE MORATORIUM

Thursday & Friday,
December 29 & 30

Holiday BB Tournament (Aurora - B & G)

Friday, December 23 thru
Monday, January 2

Staff Christmas Break

Friday, December 23 thru
Tuesday, January 3

Student Christmas Break



Principal • Jason Sutter
Assistant Principal • John Jarosh
Associate Principal/Activities Director • Neal Randel

2011 RCC All-Conference Academic Selections

The following students have been selected to the All-River Cities Conference Academic team. They are in either 10th, 11th, or 12th grade. They have a cumulative GPA of at least 3.5 on a 4.0 scale. They are varsity letter winners and have been nominated by their coach. Congratulations to these fall participants.

Cross Country

Friesen, Isaiah 11
Pinkerton, Jace 10
Thompson, Garrett 11
Burenheide, Abigail 11
Junker, Jocelyn 10
Tjeerdsma, Elizabeth 10

Volleyball

Buhr, Taylor 11
Gronewold, Megan 12
Jurgens, Courtney 10
Osborne, Taylor 10
Ragland, Jordyn 10
Randel, Lindy 12
Sexton, Morgan 12
Sutter, Torian 10

Softball

Armstrong, Alicia 12
Bloomquist, Shelby 11
Hamilton, Chaley 12
Herman, Emily 12
Herman, Hannah 12
Nutsch, Amanda 12
Pethoud, Jordan 11
Starman, Albany 10

Girls Golf

Havekost, Danielle 10
Kunzman, Hannah 10
Thornburg, Cassie 12

Boys Tennis

Benson, Michael 10
Carey, Devin 11
Havekost, Caleb 12
Lineweber, Brad 10

Football

Bell, Patrick 12
Buss, Dakota 10
Dewey, Tanner 11
Dorn, Tandon 12
Policky, Jonathan 12
Stuart, Devin 10

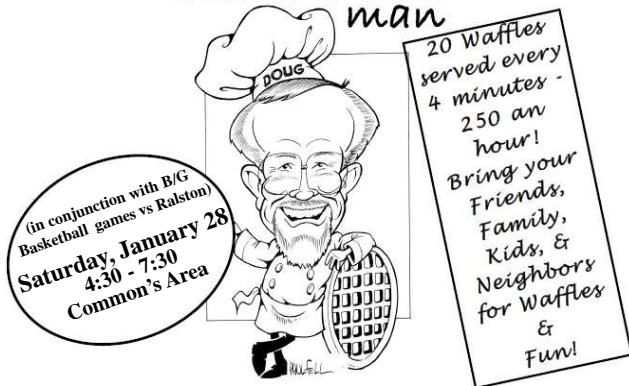
Fall Cheer

Frahm, Natalie 12
Holaday, Shelby 11

Beatrice Public Schools...

striving to be among the best in the nation!

Come See
the
WAFFLE
man



(in conjunction with B/G
Basketball games vs Ralston)
Saturday, January 28
4:30 - 7:30
Common's Area

FINE ARTS BOOSTER CLUB

Contact any fine arts student for a ticket

\$6.50 all plates

Ages 4 & Under FREE

*All You Can Eat Belgian Waffles
Scrumptious Sausages
Different Flavored Syrups & Whipped Cream
Plus Drinks*

Mark your 2012 calendar!

11th
Annual

F.C.C.L.A

**CRAFTS
ON THE
BOULEVARD**



The Beatrice High School FCCLA members will host a craft fair Saturday, December 10th, 2011. Many area crafters have reserved their spaces in the Commons area of Beatrice High School at 600 Orange Boulevard.

In conjunction with many homemade crafts, FCCLA will be selling cookies in a jar and a concession stand will be available. Booths are still available. If you know a talented "crafter"; ask them if they have signed up. If interested please stop by the high school, or Ms. Ruzicka, FCCLA sponsor, DRuzicka@bpsne.org, to request a registration form.

Finish your Christmas shopping Saturday, December 10, 2011 at Craft's on the Boulevard. Beatrice High School Commons, 9 a.m. to 4 p.m. There is a Boys and Girls Reserve Basketball Tourney happening in the gyms for entertainment, also.

Proceeds from the event will help fund future events for FCCLA.

The year lives here!

BUY YOUR
HOMESTEADER YEARBOOK
NOW!

Beatrice High School YEARBOOK

As your child and friends are taking part in this school year, the yearbook staff is capturing the story of the year so it will live forever in the yearbook. Buy your student the best book of memories of this year — buy a 2012 yearbook.

Cost: \$60 - if reserved/purchased before January 1, 2012

At that time the price will increase to \$65

To purchase:

To use a credit card or PayPal, go to yearbookforever.com and enter our school name.

OR

Yearbook staff will be selling books during lunch Feb. 20 - March 2.

OR

You may purchase yours now from the main office staff.

Please make checks out to Beatrice High School and attach this form.

Student name _____ Grade _____

Address _____

Phone _____ Email _____

Number of yearbooks _____ x \$60 = _____ Total cost

Fine Arts Boosters

Fine Arts Booster Club is still collecting Sun Mart receipts for fund raising.

BHS Fine Arts Boosters will be hosting a reception following the Winter Holiday Concert on December 15th. We are asking parents with a student in Band or Vocal music to bring one dozen cookies the evening of the concert. Please leave cookies in the cafeteria before concert. We also need any parents willing to help with: setup, serving, or clean up. Please call Rhonda Easley (402-228-0319) or Edie Crandall (402-223-4757). **There is no meeting in December.** The next meeting is January 16th in the Media Center.

Congratulations to the following students for writing the top eight poems in this semester's Creative Writing Poetry Tournament:

Elite Eight	"Ham It"	Joe Lambrix
	"It's the Law"	Cody Moslander
	"Clint Eastwood"	Cody Moslander
	"Supper Time"	Tandon Dorn
Final Four	"Three Words"	Joe Lambrix
	"A Muffin"	Wesley Hein
Runner-up	"Liar"	Wesley Hein
Champion	"Cold as Stone"	Wesley Hein

**Thank you Mrs. Kassmeier,
We look forward to hearing
more from these young men!**

Healthy Eating for the Holiday Season - Twelve Tips PATCH

Well laid plans to eat healthy go sailing out of the window during the holiday season. We ignore our health and diet, and instead, take the opportunity to over-indulge in every way possible.

According to a recent Weight Watchers report, the average American gains around 7-10 pounds between Thanksgiving and New Year's Day. And then we have trouble getting rid of the new weight. Food and festivities are a huge part of the holidays and that is wonderful, but we have challenges to deal with the stress of eating right but enjoying the season. Here are some tips from BetterHealthUSA on how to survive.

Tips on eating healthy during the holiday season. There are many ways to help you maintain and yet have fun.

- 1. Exercise:** This gets more challenging during the holidays but develop a regular exercise regime. It will help to burn off the excess calories and fat consumed.
- 2. Review your cooking methods:** Instead of frying, grill your food. When roasting, use low-calorie spray oils. Steam vegetables.
- 3. Use lower fat ingredients for cooking:** Use half-fat alternatives, you won't be able to tell the difference.
- 4. Eat regularly:** Don't starve yourself and then go to that party...you'll overindulge.
- 5. Prepare for outings:** If you have some big plans, try to eat healthy on the days around the event...don't forget about your diet just because of some parties.
- 6. Balance your meals out:** Don't be tempted to fill your plate with rich, calorie-laden food. Balance with fruit and vegetables to give you some nutrients.
- 7. Be wary of sugary foods:** Remember rich and sugary foods tend to make us crave more of the same. You then feel bloated, sick and uncomfortable.
- 8. Stock up on healthy snacks:** When shopping, be sure to get some healthy snacks for home.
- 9. Be aware of food allergies:** You might have an intolerance to a food and not know it. We eat lots of foods without knowing the ingredients. If you continue to have problems, you might want to have a food allergy test.
- 10. Moderate alcohol intake:** Don't forget that alcohol is fattening too.
- 11. Be assertive:** Don't feel as though you have to say yes to everyone that offers you food and drink.
- 12. Leave what you don't want:** Despite what your mom may have said, don't feel obliged to clean your plate.

Further details on the 12 tips are available at www.betterhealthusa.com or check out PATCH www.beatricene.com/patch for further information on healthy eating and physical activity.

National Start Eating Healthy Day

Beatrice Community Hospital PATCH joins AHA to encourage Gage County residents to make better food choices, even where they're in a hurry.

Gage County PATCH will continue to send out information on heart-healthy snacks and tips for healthy holiday eating. Check out our website www.beatricene.com/patch for more details on eating healthy and staying fit.

Start! Eating Healthy Day signifies the dedication of the American Heart Association's Start! initiative and its partners to the health and wellness of all communities.

Start! is the American Heart Association's national initiative that calls on all Americans and their employers to create a culture of physical activity and health to live longer, heart-healthier lives. Visit www.startwalkingnow.org and download free tools like the Holiday Healthy Eating Guide.

The signature annual event for PATCH is the spring run/walk event which will be held in March/April 2012. Keep checking the website for details or contact Sharon Langvardt, Coordinator for more information.

This information is brought to you by Beatrice Community Hospital Gage County PATCH Community Health Promotion HealthyMinds/HealthyBodies Education Campaign check out details:www.beatricene.com/patch Sharon Langvardt, MS, LCIMFT PATCH coordinator and BVBH Marriage and Family Therapist slangvardt@bchhc.org or slangvardt@bvbh.net 228-3386

Limited Bus Service

Limited bus service will be announced on KWBE Radio each morning before buses leave on their route. Parents may take their children to the nearest point of pickup regardless of whether or not it is their regular bus. The children will be returned to that point again in the afternoon. It is important that your child remember the number of the bus they got on in the morning so that they will get on the same bus for the afternoon return. If you have any questions call 402-228-1015.

Route #1 - Bus will leave Pioneer Acres Addition at 7:30 a.m. and pick up along Hwy 4 on the way back to Beatrice.

Route #2 - Bus will leave a point one mile south of Hwy 136 on the Odell blacktop at 7:20 a.m. Will proceed north to Hwy 136 then east on the by-pass turning north on south Sumner continuing into town picking up students along the way.

Route #3 - Bus will leave from the Ellis corner on Hwy 136 at 7:15 a.m. and proceed east to Hwy 77 picking up students along the way. At Hwy 77 bus will turn north and continue into Beatrice.

Route #4 - Bus will leave from a point 3 miles south of Beatrice on Hwy 77 at 7:20 a.m. and proceed north to Beatrice picking up students along the way.

Route #5 - Bus will leave a point 8 miles east of Beatrice (Rockford Corner) on Hwy 136 at 7:30 a.m. and proceed to Beatrice.

Route #6 - Bus will leave from a point 6 miles east on Hwy 136 and 3 miles north on the Zion blacktop at 7:15 a.m. and proceed back to Hwy 136 and then on to Beatrice.

Route #7 - Bus will leave Pleasant View Cemetery corner at 7:20 a.m. and proceed south to the blacktop then come into town on north 19th street blacktop.

Route #8 - Bus will leave from a point 7 miles east of Pickrell on the Pickrell blacktop at 7:15 a.m., continue west to Hwy 77, then south into Beatrice.

Route #9 - Bus will leave from a point 2 miles east and 5 miles north of the Pickrell blacktop on the Christ Lutheran Church blacktop at 7:15 a.m., proceed south to the Pickrell blacktop, then west to Hwy 77 and finally south into Beatrice picking up students along the way.

Route #10- Bus will leave Pickrell at 7:25 a.m. and go west to Hwy 77. Bus will then proceed south on Hwy 77 into Beatrice stopping to pick up students along the way.



TakeAStandNE.org - Take a stand between a friend and one too many.

* Binge drinkers are 14 times more likely to drive under the influence of alcohol.

* Binge drinking is defined as 5+ drinks for men or 4+ drinks for women in about two hours.

* Binge drinking can lead to an increased risk of accidental injuries and health problems.

* Approximately 90% of alcohol consumed by underage youth in U.S. occurs during binge drinking.



Please remember that if you wish for your student(s) to be allowed to take pain medication, such as Ibuprofen, Tylenol, Midol, etc. each student must provide their own medication and a parental consent form must be completed and on file in the nurse's office. Medication consent forms may be printed from the school website, or may be picked up in the nursing office. Please note, all medications must be in their original bottles and only one medication and one student per form is allowed. **Medications must be kept in the nursing office per school policy.** Students will be allowed to carry cough drops, antacids, lip balms, and lotions.

Nurse Buol

PARTIES - Know Your Risk

Since drugs and alcohol frequently are used at parties, these articles are designed to help parents guide their teens on occasions when they host or attend parties. These guidelines may be too restrictive for some families and too permissive for others. Each family should consider the guidelines in the light of their own values and attitudes. However, if all of us seriously think about establishing reasonable standards such as these, it will certainly help us in our community.

Some parents may hesitate to follow these guidelines because they fear they will be alone in their efforts. Others feel they need more information and other kinds of help to cope with the problem of raising teenagers in today's society. To reduce these feelings of isolation and to promote a healthy atmosphere for our youth, it is important for parents to come together to discuss our problems of parenting and to support and encourage each other.

Guidelines for Hosting a Party

1. Do not offer alcohol to guests under the age of 21 or allow guests to use drugs in your home. You may be brought to court on criminal charges and/or have to pay monetary damages in a civil lawsuit if you furnish alcohol or drugs to minors.

- * Be alert to the signs of alcohol or drug use by teens.
- * Guests who try to bring in alcohol or drugs or who otherwise refuse to cooperate with your expectations should be asked to leave.
- * Notify the parents of any teen who arrives at the party drunk or under the influence of any drug to ensure the teen's safe transportation home. Do not let anyone drive under the influence of alcohol or drugs.

2. Set the ground rules with your teen before the party.

- * This will give you both a good opportunity to express feelings and concerns.
- * Let your teen know what you expect.

3. Notify your neighbors that there will be a party.

- * Encourage your teen to call or send a note to neighbors telling them about the party and asking them to let the family know if there is too much noise.

4. Notify the police when planning a large party.

- * This will help the police protect you, your guests and neighbors.
- * Discuss with the police an agreeable plan for guest parking.

5. Plan to have plenty of food and nonalcoholic drinks on hand.

6. Plan activities with your teen prior to the party.

7. Limit party attendance and times.

- * When possible, make a guest list and send out invitations beforehand. It is important to discourage crashers.
- * Avoid open-house parties. It is difficult for anyone to keep control over this kind of party.
- * Set time limits for the party that enable teens to be home at a reasonable time, definitely before the legal curfew.

8. A parent should be at home during the party.

- * A parent can bring in snacks and nonalcoholic beverages. Not only will your presence keep the party running smoothly, but it will also give you an opportunity to meet your teen's friends.
- * Carefully decide what part of the house will be used for the party. Pick where your guests will be most comfortable and you can maintain adequate supervision.
- * Teens frequently party at homes where parents are away. If you must be away, make arrangements such as having a friend or neighbor in supervision, while you are away.

9. Do not allow any guest who leaves the party to return.

- * This will discourage teens from leaving the party to drink or use drugs elsewhere and then return to the party.

10. Other ideas

- * Many parties occur spontaneously. Parents and teenagers should understand beforehand that the above guidelines are in effect at all parties.
- * If, despite your precautions, things get out of hand, do not hesitate to call your local police department for help.

Essential Skills Tests in Reading, Writing, and Math

On Thursday, January 12th, all students in the Class of 2014 (or second year of high school) will take the Essential Skills test. The passing of this test is a graduation requirement for BHS. Students will be tested in vocabulary, reading comprehension, writing, and mathematics. Please ensure that your student has had a good night's rest and breakfast the day of the test! Please also avoid scheduling appointments on that day as well.

NeSA-Writing

This year, all students in the Class of 2013 (or third year of high school) will take the NeSA-Writing test on January 26th either in the morning or afternoon. The NeSA-Writing test measures students' ability to write persuasively, considering the traits of good writing (ideas and content, organization, voice and word choice, and sentence fluency and conventions). This year students will be composing their essays in a word-processing format online. Please ensure your student has had a good night's rest and breakfast the day of the test! Please also avoid scheduling appointments on that day as well, as we want all students to be in school that day.



Dr. Summer Stephens
Director of Curriculum & Assessment
Beatrice Public School District #15

PARTIES - Know Your Risk (CONTINUED)

Guidelines for Attending a Party

1. Know where your teen will be.

- * Obtain the address and phone number of the party giver.
- * Let your teen know that you expect a phone call if the location of the party is changed.

2. Be sure your teen knows when they are supposed to be home.

3. Know how your teen will get to and from the party.

- * Assure your teen that you or a specific friend or neighbor can be called for a ride home (make sure your teen has the phone number).
- * Discuss with your teen the possible situations in which the teen might need to call.

4. Contact the parents of the party giver to:

- * Verify the occasion
- * Offer assistance
- * Be sure that a parent will be present
- * Be certain that alcohol and other drugs will not be permitted

5. Be awake or have your teen awaken you when they arrive home. This is often a good sharing time.

6. If your teen stays overnight with a friend after a party, check with the parents of the friend beforehand to verify that:

- * They want your teen to stay over
- * They will be home.
- * You both agree on curfew hours and other basic rules.

7. You may want to phone the party giver the next day to express your thanks.

First Semester 2011-12 Final Exams/Semester Test Schedule

Tuesday, December 20

Period 1.....	8:12 - 8:33
Period 2.....	8:37 - 8:58
Period 3.....	9:02 - 9:23
Period 4.....	9:27 - 9:48
Period 5.....	9:52 - 10:13
Period 6.....	10:17 - 10:38
Period 7.....	10:42 - 11:03
Period 8.....A Lunch.....	11:07 - 11:42
..... B Lunch.....	11:43 - 12:18



Period 2..... EXAM.....	12:22 - 1:56	(94 minutes)
Period 4..... EXAM.....	2:00 - 3:34	(94 minutes)

Wednesday, December 21

Period 3..... EXAM.....	8:12 - 9:46	(94 minutes)
Period 5..... EXAM.....	10:00 - 11:34	(94 minutes)
LUNCH.....	11:34 - 12:55	Open Campus
Period 7..... EXAM.....	1:00 - 2:33	(93 minutes)
Make-up Final Exam.....	2:33 - 4:00	(if necessary)

Thursday, December 22

Period 1..... EXAM.....	8:12 - 9:46	(94 minutes)
Period 6..... EXAM.....	10:00 - 11:34	(94 minutes)
LUNCH.....	11:34 - 12:55	Open Campus
Period 8..... EXAM.....	1:00 - 2:33	(93 minutes)
Make-up Final Exam.....	2:33 - 4:00	(if necessary)

On Tuesday, your 8th period class will become your lunch period. You are required to eat in the cafeteria as if this were a normal school day. Lunch A & B division will be announced at a later date. Students will again be allowed to enjoy open campus during "LUNCH" on Wednesday and Thursday, **ONLY IF FINES, FEES AND DETENTION TIME ARE CLEARED.** If these are not taken care of before the first final on Wednesday, your name will appear on a hold list and your 5th period finals teacher will be responsible to escort you to a supervised study hall/lunch period. (If you are allowed open campus, please drive carefully and do NOT abuse this privilege!)

1. Students are required to attend all final classes. Scheduled absences must be approved by an administrator and your teacher involved prior to finals.
2. Students are to be in the building only for their scheduled tests or classes. Do not report for assigned study hall periods (except during lunch period).
3. Cadet Aides and Student Aides need to make arrangements with their teachers/supervisors as to when and if they should report.
4. Students are not to leave the classroom until end of period. NO EARLY DISMISSALS.
5. There will be bells to signal class changes.
6. Students must turn in materials before leaving class.
7. Buses will operate on their regular schedules.
8. Students not scheduled for testing, may leave school grounds or study quietly in the library.
9. If you are on early release or school-to-career in the afternoon, you should be able to make it to work at your regular scheduled time. If you work in the morning, you will need to make arrangements with your employer and let them know about your semester tests.
10. Lunch will be available on Wednesday and Thursday, if you do not elect the open campus option.



Selective Service Reminder

If your son is about to turn 18, please remind him to register with Selective Services. Your child may register on-line at <http://www.sss.gov>(.) Registration is required to be eligible for a federal student loan, job training benefits, and most federal employment. See your Counselor if you have questions.

We've got Bieber Fever!



BHS Dance Team Kids Clinic

Date: Saturday, December 17, 2011 at Beatrice High School in the Auxiliary Gym

Time: Starts at 10:00a.m. continues thru halftime of the Boys JV game starting at 1:00p.m.

Cost: \$20.00: Kids will learn dance choreography, receive a tee shirt and eat pizza!!

Then they will perform the dance they learn at halftime of the JV Boys game (starts at 1:00 p.m. in the O-Zone).

Clip and return with your money to Beth Lineweber at BHS, 600 Orange Blvd, Beatrice NE 68310

Please return this registration by Monday, December 12. Students registering late will not be guaranteed a tee shirt for their performance. Call Mrs. Lineweber: 402-223-1516, if you have further questions.

Name: _____

School and Grade: _____

Parent Name: _____

Contact Number: _____

Circle (1) Tee Shirt Size: Y SM Y MD Y LG Ad SM Ad MD Ad LG

Student Services Facebook Page

Student Services will offer a Facebook page to inform students and parents of important information, dates and deadline. Please "like" us on facebook to receive up-to-date information.

Webinar to help parents, students prepare for the FAFSA

College-bound students and their parents are invited to participate in one of several upcoming free webinars on "**How to Complete the FAFSA.**"

EducationQuest College Planning Director Jodi Vanden Berge will explain the basics of financial aid and how to complete the (FAFSA) Free Application for Federal Student Aid. This is the same information provided during EducationQuest's Financial Aid Programs. See the following link for webinar dates and registration. <http://www.educationquest.org/11th-12th-grade-students/paying-for-college/fafsa-webinar/>



Financial Aid Formula

All colleges use this formula to calculate financial aid eligibility.

$$\frac{\text{Annual cost of college} - \text{Expected family contribution (FAFSA results)}}{\text{Financial need}}$$

The college will come as close as possible to meeting your financial need with scholarships, grants, work-study and student loans.

How to Apply for Financial Aid *By EducationQuest Foundation*

The Free Application for Federal Student Aid (FAFSA) is the application for federal, state, and college-specific financial aid. Typically, you apply after January 1 of your senior year and every year you're in college. Follow these steps to apply:

1. Ask your prospective colleges for their FAFSA priority date. Since some financial aid is awarded first-come first-served, plan to complete the FAFSA before the priority date.

2. Request a PIN

Request a Personal Identification Number (PIN) for you and a parent at pin.ed.gov. The PIN is your signature for the electronic FAFSA and is used to track your financial aid application.

3. Complete and file the FAFSA

Complete and submit the FAFSA at fafsa.gov. The results will be sent to the colleges listed on your application. If you need help with the FAFSA, see the *FAFSA Demo* at EducationQuest.org or make an appointment with EducationQuest.

4. Expect your SAR and award notifications

After submitting your FAFSA, expect a Student Aid Report (SAR) that acknowledges your form was processed, and can be used to make corrections to your FAFSA. The colleges will then send financial aid award notification detailing the assistance they're offering. You might receive a combination of scholarships, grants, work-study and student loans.

5. Compare and accept award notifications

Compare financial aid awards from the colleges. Calculate your out-of-pocket expenses for each school to get the entire financial picture. Accept and return the award notifications so you can keep your options open until you make your final college selection.

6. Apply for student and parent loans, if necessary

After you select a college, inform the other schools of your decision and then work with your college to apply for student loans, if you need them. The college will provide the required documents.

SECOND SEMESTER SCHEDULE CHANGES

Please have your student look at their second semester schedule. If there are courses listed that they will not be able to continue or ones that they changed first semester, remind them to see their counselor SOON to make sure second semester reflects their needs and wishes for classes. This will make the beginning of second semester less hectic, allowing for shorter lines in student services, etc. There are only TWO days to make schedule changes when students return in January; please remind your student of the schedule change policy found on page 28 in their student pass/handbook. Thank you for whatever help you are able to give us before the semester ends.

Sneak-A-Peek Scholarship & Financial Aid Book for Seniors

The Counselors will be presenting a sneak-a-peek of the Scholarship and Financial Aid booklet to ANY senior student who attends College Club on Wednesday, December 7, 2011 at 1:45 PM in the Media Center. This allows seniors to get an early start on the local scholarship and financial aid process. If your senior cannot attend College Club, the Counselors will be meeting with the seniors the 2nd week in December to explain how to apply for local scholarships and federal financial aid. We encourage students and parents to review this booklet as one section describes more than 80 scholarships available to BHS students.

Seniors Plan Ahead! Letters of Recommendation? Transcripts?

Some applications for admission and scholarships require letters of recommendation. Be sure you give the writers at least 2 weeks' notice and provide them with the Student Information Summary form (available in Student Services) or resume to help them write a more personal letter. Any application with a January 1, 2012 deadline must be in the hands of the counselor no later than Friday, December 8, 2011. Counselors will not be available over the winter break and will return once school resumes on January 3, 2012.

NCAA and NAIA Eligibility Centers for Student Athletes

BHS senior student-athletes having aspirations to practice and compete in athletic competition during their freshman year at an NCAA Division I or II or NAIA college/university must satisfy specific eligibility guidelines. These guidelines include grade point average, ACT or SAT I scores and core curriculum requirements.

All NCAA information is available online at www.ncaa.org

All NAIA information is available online at <http://www.playnaia.org/>

ACT Tests Dates 2011-2012- Please register at actstudent.org.

Test Date	Registration Deadline	(Late Fee Required)
December 10, 2011	November 4, 2011	November 5 – 18, 2011
*February 11, 2012	January 13, 2012	January 14 – 20, 2012
*April 14, 2012	March 9, 2012	March 10 – 23, 2012
June 9, 2012	May 4, 2012	May 5 – 18, 2012

Practice books are available in the Student Services Office.

BHS School Code: 280-175

If you qualify for free/reduced lunch please see your counselor for assistance in paying for the ACT test.

* = Test offered at BHS