

# ATTENTION ATHLETES !!

All students who plan to participate in Beatrice High School Athletic Activities or Beatrice Middle School 7th and 8th grade activities for the school year 2009/2010 will need to have athletic forms turned into the office prior to first practice.

A health examination (physical) must be submitted to the Athletic Office each year prior to permitting an athlete to practice or compete in any athletic activity sponsored by the Nebraska School Activities Association. The requirement that a physical must be taken once each year means the examination must be given during the school year in which the student participates. A physical examination given May 1, 2009 or after will fulfill the requirement.

Beatrice High School also requires students to fill out a Medical History form. We ask parents and students to read and sign the Drug & Alcohol Activity/Athletic Rules and parents the Beatrice Public School Drug/Alcohol Parents & School Partnership. Please read the Summary of the Nebraska School Activities Association Rules and sign the sheet. Parents also need to sign the Proof of Insurance form or ask about insurance information in the office. **ALL THESE FORMS ARE IN THE HIGH SCHOOL OFFICE.**

Following are the dates set aside for the sports physicals.

## Gage County Medical Clinic (228-3436)

June 23rd and 30th  
July 10th and 13th

The physicals will be offered at a reduced rate of \$35.00 and include a UA dip and hemoglobin. You do not need to be an established patient to take advantage of this offer.

## Beatrice Medical Center (228-3366)

May 29  
June 8th and 18th  
July 9th and 22nd  
August 10th

The physicals are for established patients at a rate of \$50.00 with a UA dip or \$40.00 without a UA dip.

Community Medical Center schedules physicals anytime. The cost is \$35.00. No need to be an established patient. Call 228-4295 to make an appointment

# Orchestra Showcase Concert



May 7, 2009  
7:00 p.m.

Hevelone Center