

Spring Up 3rd Quarter Happenings In Family and Consumer Sciences (FACS)

By Ms. Smaus

8th Grade Create Spring Veggie/Fruit Trays

8th grade students practiced cutting and presentation skills as they researched and created a spring fruit and vegetable tray. The groups had amazing results. Both classes voted on the top trays. The Top 6 Trays were photographed and put in a slide presentation. These were then voted by all BHS Food classes. Thanks to Ms. Walters and her students for not only voting, but also adding helpful comments.



Top Choice



1st Runner- Up



2nd Runner-Up

Babysitting Safety is #1 Focus

During the quarter, 6th grade future babysitters had their focus on SAFETY – that included the child’s safety as well as their personal safety. Speakers helped out by joining the class and providing us with many tips.



Mrs. Zimmerman informs us about the AED.



Bonnie Riekenberg shares safety tips.



“There’s No Place Like Nebraska” – 7th Grade Project



Kayla Colgrove, UNL Extension Educator

March 1, 1867 Nebraska became the 37th state. So this year we will celebrate 150 years of statehood. 7th grade students completed the Foods Unit with a final project centered on our state of Nebraska. This included researching some Nebraska facts, interviewing their oldest living relative about Nebraska memories, and sharing a healthy recipe that relates to Nebraska or their family. Various facts, memories, and recipes were shared. Much work went into the research and presentations. All recipes with a few facts will be part of the FACS cookbooks for the 2017-18 season. Kayla Colgrove, UNL Extension Educator started us off with a presentation about Northern Beans, which Nebraska is the #1 producer of. She shared a Black Bean & Corn Salsa recipe.

<https://makinghealthierdecisions.com/2014/01/31/black-bean-corn-salsa/>



Trevor shared a recipe for Fiesta Chicken. It contains corn and chicken which are both grown in Nebraska.



In 1949, Sarah Everett and her brother, Alex Brening, opened the first Runza Drive-Inn in Lincoln, Nebraska. Max shared a Runza casserole recipe that his Mom made with her Grandma.



Kool-Aid was invented by Edwin Perkins in Hastings Nebraska. All these experience took place in his mother's kitchen. Kyrsten found a recipe for a Kool-Aid pie.



... And a “Few Final Happenings”

A Field Trip to BPS Pre-School

8th Grade students went on a field trip to the BPS Pre-School facilities located at SCC. Students were to interact with the kids and find out what activities they liked to do. Students also observed the safety features of their environment. Finally, they were to observe the staff members - Did they appear to like their job? How did they relate to the

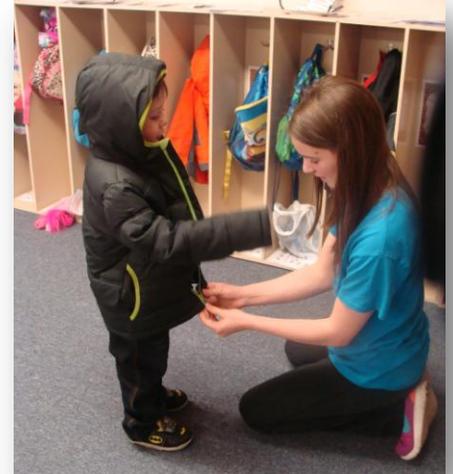


kids? The final question – Do you think this might be a job for you?

The answers varied, but the majority did enjoy their “play time” with the kids. The varied activities were definitely helping the preschoolers to develop in all areas needed. Some of the 8th graders could view themselves in a child care career, while others thought they might enjoy working at this type

of facility during high school.

Special thanks to Mrs. Randel and Mrs. Vogel for driving the students to the pre-school and to Mrs. Timmerman, director and the one in charge of arranging the visit. Also, thanks to the staff and students for welcoming us to your school!



Sewing Scenes from the 7th & 8 Grade Sewing Unit

Sewing projects are done or almost done. Students read and followed directions as they completed one or more projects. As always, we had a variety of items which you may view on the website.

[8th Grade Sewing Unit – Session 3](#)

[7th Grade Sewing Unit – Session 3](#)



6th Grade Enjoy Kitchen Activities



During the 6th grade Foods unit, students covered the topics:

- MyPlate
- Kitchen Safety
- Food Safety
- Measuring Techniques

But their favorite part was actually preparing a few recipes and then tasting them!

View students in action on the FACS website.

<http://www.beatricepublicschools.org/vnews/display.v/A/RT/2007/02/13/45d215cfd3faad6a51304e6a633d0d0a>

